**Food and Nutrition Services General Items**

**(Free/Reduced Lunch, What’s Included with Lunch, Allergies, Catering)**

**Frequently Asked Questions**

**How do I apply for Free/reduced meals?** The following link will take you to the procedure to follow for free and reduced meal applications. If you have received a letter in the current year (after July 1st) **“NOTIFICATION OF APPROVAL FOR DIRECT CERTIFICATION**”, you do not need to complete an application.<https://www.tesd.net/Page/132>

**What is a lunch meal? What is a breakfast meal?** The link that follows will explain what is included with a lunch and breakfast meal. <https://www.tesd.net/Page/7498>

**Where can I find an allergen and carbs list for cafeteria items?** [**https://www.tesd.net/Page/136**](https://www.tesd.net/Page/136)

**My child has Celiac disease what can they buy at lunch?** Parents of students with Celiac are urged to call to set-up an appointment with the Food and Nutrition Services Supervisor, Dave Preston at 610-240-1955 or [prestond@tesd.net](mailto:prestond@tesd.net) tomeet to discuss the options and procedures for ordering gluten free lunch.

**How do I cater an event?** Please contact your cafeteria manager and fill out a catering request form, or Pizza bingo or Ice cream social form depending on your requirements. Please email the filled-out form to the cafeteria manager and [barotm@tesd.net](mailto:barotm@tesd.net). Please do not convert the form to PDF as we use this for billing purposes.

Please click on link for forms.